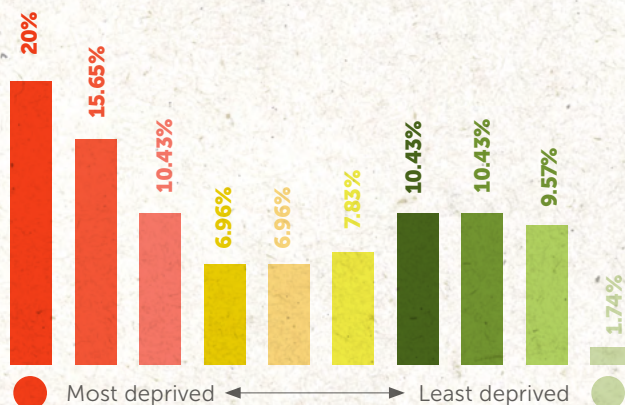


June 2024 - July 2025

Commissioned by Lancashire County Council, Food for Life Lancashire works with primary schools to champion a whole school approach to food, increasing the knowledge and accessibility of healthy and sustainable food as well as contributing to reducing childhood obesity and health inequalities.



All Enrolled Postcode and IMD Decile



Food for Life in numbers as of 3rd June 2025

115 Settings enrolled

We conducted a follow-up survey in two schools. On the day sampled, we found that school meal uptake was **8% higher**, and that those eating school meals consumed nearly **20% fewer** ultra-processed foods (UPFs).

We have trained **184 teaching staff**, building their capacity and confidence to:

- set up a growing space
- prioritise minimally processed foods
- run cooking lessons
- cook outside
- link food to the curriculum



20 Bronze Awards



3 Silver Awards



2 Early Years Awards



20 Foundation Awards

241 Lancashire children

have completed post-lunch baseline surveys, giving us insight into what pupils are eating at lunchtime and how much they enjoy it.

Impact in practice

Schools have brought their Food for Life practices to life, many of which are documented within our archive of case studies and stories from within our Food for Life settings. These showcase a range of success stories including; established school gardening clubs, thriving school kitchen gardens, community partnerships, more cooking within the curriculum and improving the lunchtime experience.



What's next for Food for Life in Lancashire?

The Food for Life programme has been expanded to a further eight districts across the Lancashire area. Meaning that more schools can benefit from free, bespoke, one to one support, resources and training to build up access and confidence around growing, cooking and healthy eating.

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Food for Life Lancashire updates and news:
www.foodforlife.org.uk/blogs
Foodforlife.org.uk

