

Radish

Suggested varieties: *Icicle*, *Rudolph*, *Scarlet Globe*, *Short Top Forcing* (summer); *China Rose*, *Rosa* (winter)

Vegetable

PLANT



Regularly sow seed 0.5cm deep in rows 10-15cm apart. Thin seedlings of summer varieties to 2.5cm; winter varieties to 10cm (sow from July)

GROW



Remove weeds by hand. Water weekly in dry weather for rapid and continuous growth. Too much water produces lots of leaves and small roots

EAT



Pull up summer varieties when small (from the size of a five pence coin); bigger roots are woody. Pull up larger winter varieties from autumn as needed

Growing guide

Easy!

Average time to harvest

3-6 wks(summer); 10-12(winter)

Equipment needed

None

Germination time

4-7 days

Average plant size

15cm tall, 10cm wide

Family group to grow with

Brassica: broccoli, cabbage

Seed saving group

2 - Annual, can cross-pollinate

Key nutritional content

Vitamin C, folate

Spring Term			Summer Term					Autumn/Winter Term			
J	F	M	A	M	J	J	A	S	O	N	D

■ Sow indoors

■ Sow outdoors

■ Plant out/transplant

■ Harvest

■ Use cloche

2.5cm = 1 inch 30 cm = 1 foot

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