

Food for Life West Northamptonshire

May 2024 – April 2025

Commissioned by West Northamptonshire Council, Food for Life champions healthy and sustainable food by working with schools and nurseries in the area.

In Numbers



22 enrolled schools and **6** enrolled nurseries



67 Food for Life Award actions completed

7,005

children are benefitting from enhanced food education in their school



1 school achieved a Food for Life Award

Improved School Food



15 schools are now serving Food for Life Served Here silver certified food, meaning **4,283 pupils** now have access to a healthy and sustainable meal at school

Food for Life has upskilled and empowered school staff and leaders



99% of attendees reported an increase in confidence and knowledge

130 school staff have attended Food for Life training

29 one-to-one support sessions delivered to school staff



(I) feel more comfortable in whole class cooking

Food for Life training attendee, Dec 2024



Food for Life has increased opportunities for children to learn about healthy and sustainable food

over **1,600 children** are estimated to benefit from upskilled teachers in the year following their Food for Life training

5 schools have learnt to lead **gardening** and **cooking** activities



Our DT lead and other teachers deliver cooking sessions throughout the year and within the curriculum with all our children of all ages.

Woodvale Primary Academy

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As a result of Food for Life training I will talk about food and healthy eating within the classroom so they know where food comes from and why it is important ”

Food for Life has taken good food beyond the school gates

Parents at **11 schools** are engaging with the whole school approach to food

Food for Life has contributed to the West Northamptonshire Sustainable Food Network, providing free online resources and connecting public sector caterers with the network

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We have tried to engage parents/community in our growing activities by sending seeds home to grow, sharing growing activities that are taking place in school via the newsletter.

Vernon Terrace Primary School

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Find out more here:

foodforlife.org.uk

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