

Food for Life in Leicester City 2018



Bridge Junior School won the Food for Life School of the Year award.

Bridge Junior school has actively engaged and involved parents and the school community with Food for Life at school and within the community. From inviting parents and carers in for themed lunches to growing their own food within school grounds and at Spinney Hill park, to embedding Food for Life into the school curriculum. They used some of the food they have grown within cooking in school. Despite being an inner-City school in an area of deprivation, Bridge Junior school hold an annual Farmers Market day with children growing and cooking items to sell to parents. They have also had two successful health themed parents' mornings. Food for Life is now integrated into school life in general and they are well on their way to achieving their Silver Food for Life award. This school are taking part in the 'Out of the City' farming project at Roots farm. They are really excited about their children having the experience of growing food on a working farm and becoming involved with farming life.

Shaftesbury Junior School won the Judges Special award.

The Shaftesbury Eco and Food Warriors have been involved in projects which combine both Eco-Schools and Food for Life. This year, the Food Eco Warriors have been actively involved in promoting healthy food across the school, both in school dinners and packed lunches. They have been involved in cooking across the curriculum for all year groups, and all pupils have then cooked using their own recipes and n food home. This has included cooking using produce from their school garden. Shaftesbury received a food growing grant from Public Health and this helped them to develop a small but productive growing area on the playground. The children are constantly amazed and amused by the different things that have been growing there. Healthy lunchboxes have been promoted through a whole school competition, awareness activities and close interaction with Paula Walton from LNDS. This school have actively been improving the dining experience in school with talking points in

frames on all tables, the introduction of a 'top table' for those who have eaten and behaved well in the dining room and themed lunchtimes to promote 'happier lunchtimes', including: conversation Mondays, top-table Tuesdays and music Wednesdays From September they will introduce plates and feedback forms for the school dinners. Shaftesbury are also taking part in the 'Out of the City' farm project.