



Sensory Scavenger Hunt

Soil Association Food For Life
& Pukka Herbs





How to set up a scavenger hunt



- ◆ There is very little to set up for this engaging activity for children to find objects in the garden that will increase their sensory learning without them even knowing it. If you don't have an outside space this game is easily adapted to work in your home as well.
- ◆ You can make it a timed race, or you can encourage them to take their time and really connect with the things they find. We would favour the latter approach to keep them busy for a bit longer and allow them to really connect with their senses.

Resources

You can print out this version or make up your own and write them out for children to find inside the house, the garden or on a walk in nature. It would help to give each child a container or a bag to put their finds in.



Longer scavenger hunt for outside



5 different shaped leaves <input type="checkbox"/>	a flower with symmetrical patterns <input type="checkbox"/>
a hairy leaf and a shiny leaf <input type="checkbox"/>	a plant with a square stem <input type="checkbox"/>
a leaf with pointy edges <input type="checkbox"/>	a plant with a rough stem <input type="checkbox"/>
a flower with just one colour <input type="checkbox"/>	a clover leaf <input type="checkbox"/>
a flower with two colours <input type="checkbox"/>	(can you find one with...)



Short scavenger hunt for around the home or garden

Ask your child to locate an item at home or from outside that matches each of these sensory feelings... Tick as you go!

colourful <input type="checkbox"/>	crunchy <input type="checkbox"/>	soft <input type="checkbox"/>
prickly <input type="checkbox"/>	something that makes a sound <input type="checkbox"/>	sharp <input type="checkbox"/>
smooth <input type="checkbox"/>	rough <input type="checkbox"/>	smelly <input type="checkbox"/>
slimy <input type="checkbox"/>		bumpy <input type="checkbox"/>






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Longer scavenger hunt for outside



5 different shaped leaves

a hairy leaf and a shiny leaf

a leaf with pointy edges

a flower with just one colour

a flower with two colours

a flower with symmetrical patterns

a plant with a square stem

a plant with a rough stem

a clover leaf
(can you find one with 4 leaves?)



Longer scavenger hunt for outside



a feather

something you can eat

a weed

something that smells amazing

a Y shaped stick

something fuzzy

a round stone

something you think is a treasure

a seed





What to do with your bounty



- ◆ Children can share a show-and-tell of their most exciting finds. They can also **pick out their two most favourite finds to identify, draw and look up two new facts** they didn't already know. Nature and gardening books are great for this, as well as Google of course.
- ◆ There is also a fantastic app called **'PlantNet'** for Apple and Android phones. Using it you can take a photo of almost any plant and it will help you identify it. It works really well and is a great tool for anyone who are also interested in what is in the world around us.

