

SAMPLE RISK ASSESSMENT

Chicken Soup



This worked-up example is for a high-risk activity. Use the model to help you write risk assessments for other cooking activities.

Hazard	Who could be harmed	Precautions and control measures	Check by ticking	Any further action?
Cuts from knives	Children Staff	Knives stored safely until start of lesson. Appropriate size of knife used. Correct instructions on safe use of knife-bridge and claw. Knife on chopping board when not in use. Collect and count knives at end of lesson.		
Food contamination	Staff Children Families	Work area cleaned with antibacterial spray and disposable cloth. Equipment clean. Separate hand-washing facility available with antibacterial hand-wash & paper towels. Aprons to be worn in food preparation area only. Hair tied back/jewellery & nail polish removed/ sleeves rolled up. Cuts/sores covered with blue plaster. Vegetables pre washed.		
Food poisoning	Staff Children Families	Correct storage of raw meat In fridge at 0 - 5°C Freezer at -18°C and completely defrosted before use. Preparation of raw meat on red chopping board. Hands washed after preparation of raw meat. Instructions for safe reheating sent home.		

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Hazard	Who could be harmed	Precautions and control measures	Check by ticking	Any further action?
Tripping and slipping	Children Staff	Hob placed in a safe place with no trailing. All spills to be mopped up immediately.		
Reactions to food	Children Staff Families	Notification of food allergies/intolerances. Consent forms returned. First aider available. Allergens highlighted in recipe that goes home.		
Danger from heat/fire/electrical appliances	Children Staff	No flammable materials near hob. Hob to be operated by adult only. Children reminded of fire drill procedure. Fire blanket on hand.		
Burns	Staff Children	Use of induction hob. Pan handles to be turned inwards. Adult always in attendance. Adult to stir/carry hot soup. Children to be kept well away from hob. Soup to be served hot but not scalding and temperature checked by adult before serving.		
Cut from blender	Staff	Operated by adult. Wash separately and safely.		